

Field Lacrosse Penalty Timekeeper (PT)

Minor Officials Off-Field
Quick Reference Guide

Duties:

1. The penalty time keeper must have at least two stop watches.
2. The referees or Chief Bench Official (CBO) will inform the penalty timekeeper verbally and by signals...the penalties to the players.
3. Standard calling of a penalty from the referees are:
 1. Colour of team Red
 2. Number of player 18
 3. Type of foul (also uses signals) Personal (Slashing)
 4. Duration of penalty 1 minute
4. Start the penalty clock(s) when the penalized player sits in the penalty chair or when the referee blows his whistle to start play...**which ever happens last**. If there is not a chair provided or the seat is already occupied by another player from his team, he must kneel beside the chair.
5. Advise the penalized player when there is 5 seconds left in the penalty. Loudly count down and audibly say 5-4-3-2-1 and finish saying “release”. Never tell a player to go. If he asks you if he can go...answer with “ask your coach”. If the penalized player is going to re enter the game himself he may spend the last 5 seconds on one knee beside the gate on his own team’s side of the centre line.

Duties:

6. If a substitute is going to replace the penalized player, the penalized player must remain in the seat for the entire penalized time. The substitute may spend the last 5 seconds of the penalty time on one knee, beside the gate, on his own team's side of the centre line. After time has expired, the seated player returns to his own bench.
7. If any player who is serving a penalty stands up, his penalty clock will stop until he sits down again.
8. Penalized players may leave the penalty area for time outs and between periods and must return when play resumes.
9. All technical fouls are 30 seconds long.
10. Personal fouls are 1, 2 or 3 minutes long.
11. An expulsion foul is 3 minutes long.
12. All technical fouls are cancelled upon a goal being scored on that team only. This means the player with the technical foul is released from the penalty area.

Duties:

13. All personal fouls must be served in its entirety...even if a goal was scored against that team.
14. During multiple fouls, when flags are thrown, these are going to be time served penalties. Watch closely at the order the fouls are being reported, as they will be served in this order.
15. If a player receives five (5) personal fouls, he is deemed fouled out of the game. If it is his fifth penalty, it is going to be served by the 'in home', which is a substitute player who was nominated before the game started.